

**Coffman Arctic Blast**  
**Coffman Family YMCA**  
**February 21, 2010**

**Place:** Coffman Family YMCA  
88 Remick Blvd  
Springboro, OH 45066

**Schedule:** Sunday **Building opens at 1:05pm**  
Warm Ups: 1:15pm  
Meet Starts: 2:30pm

**Age Groups:** 8 & under, 9-10, 11-12

**Rules:** 2009-2010 USA Swimming and Southwest Cluster YMCA rules apply.

**Facilities:** The meet will be conducted at the Coffman Family YMCA. The pool consists of six lanes, 25 yards in length. Colorado Automatic timing and a 6 lane LED electronic score board are included, with limited spectator seating in the pool area. Separate bullpen areas are provided for swimmers.

**Eligibility:** All contestants must be a member in good standing with **full physical privileges of the YMCA they represent.**

**Events:** Swimmers may be entered into an unlimited number of events. **The swimmer's age is determined as of 12/01/09.** The meet director or entry chairperson has the right to limit the number of entries in any event to maintain a meet of reasonable time duration, based on fastest entry times.

**Time Standards:** There will be a time standards for the following events for all age groups: 200 Free, 500 Free, 200 IM.

**Entry Fees:** Individual events: \$3.50  
Relays: \$12.00  
**Make checks payable to the Coffman Swim Team**

**Deck Entries:** Swimmers will not be substituted for absent swimmers on their team unless they submit a deck entry application and pay the deck entry fee before the meet begins. Deck entries will be accepted only as space allows in each event, on a first-come basis, provided there is an open lane in the event or a swimmer has scratched. No new heats will be added. Deck entries will be accepted during the meet warm-ups only, until 30 minutes before the start of each session.

**Deck Entry Fees:** Payable as cash or check at time of entry  
Individual events: \$7.00  
Relays: \$20.00

**Entry Chair:** David Mail  
[dmail@daytonymca.org](mailto:dmail@daytonymca.org)  
(937) 886-9622

**Entry Deadline:** Entries are due by 1:00pm, Friday February 12, 2010. Entries will be accepted in Hy-Tek format only. Entries will be accepted on a first received basis until the meet is full, no teams will be split. **This meet will be limited to the first 275 swimmers.** Please email entries to David Mail at [dmail@daytonymca.org](mailto:dmail@daytonymca.org)

**Awards:** Individual event awards will be given to places 1 through 6.  
Relay event awards will be given to places 1 through 3.

**Heat Sheets:** \$5.00 for the session

**Concession:** A variety of snacks, pizza, fruit, and drinks will be available for purchase at the meet. A large concession area will be provided.  
**Please no food or drink in the pool area.**

**Questions:** Head Coach David Mail  
Coffman Family YMCA  
(937) 886-9622  
Or email to: [dmail@daytonymca.org](mailto:dmail@daytonymca.org)

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## Order of Events

<b>AGE GROUP</b>	<b>EVENT NAME</b>	<b>GIRLS #</b>	<b>BOYS#</b>
11-12	200 Medley Relay	101	102
9-10	200 Medley Relay	103	104
8 and Under	100 Medley Relay	105	106
11-12	100 Free	107	108
9-10	200 Free*	109 (2:55.99)	110 (2:59.99)
8 and Under	100 Free	111	112
11-12	100 Fly	113	114
9-10	50 Fly	115	116
8 and Under	25 Fly	117	118
11-12	100 Back	119	120
9-10	50 Back	121	122
8 and Under	25 Back	123	124
11-12	50 Free	125	126
9-10	50 Free	127	128
8 and Under	25 Free	129	130
11-12	200 IM*	131 (2:59.99)	132 (3:01.99)
9-10	100 IM	133	134
8 and Under	100 IM	135	136
11-12	200 Free*	137 (2:39.99)	138 (2:39.99)
9-10	100 Free	139	140
8 and Under	50 Free	141	142
11-12	100 Breast	143	144
9-10	50 Breast	145	146
8 and Under	25 Breast	147	148
11-12	200 Free Relay	149	150
9-10	200 Free Relay	151	152
8 and Under	100 Free Relay	153	154
11-12	500 Free**/**	155 (6:45.99)	156 (6:45.99)

\* Time standards apply to these events

\*\* Fastest 4 heats (2 female, 2 male)